

150 Years of Grits. Greens and Everything In Between

A Collection of Recipes by GFWC Woman's Club of Lake City & The Lake City Garden Club

The Lake City Woman's Club undertook a major endeavor in 2008/09 with the compilation of hundreds of recipes from some of the best cooks in Columbia County. Along with the Lake City Garden Club, they put together a cookbook of more than 600 recipes from many long-established families in the area to celebrate the 150th anniversary of Lake City, Florida. The Cookbook also features historical postcards and photograph of Lake City including downtown businesses, Post Office, Courthouse, Schools and many other meeting places.

This is the second printing of the Cookbook and they are priced at \$20 each and available by contacting the Lake City Woman's Club.

This is a sample of one of the delicious recipes in the Cookbook contributed by a Lake City Woman's Club member and made for many of our fundraising lunches.

GIRDLE BUSTERS

Kay Poltorak

1 box yellow cake mix

2 eggs

1 stick melted butter

1 lb powdered sugar

1 egg

1 (8-oz.) pkg. cream cheese

1 cup nuts, chopped

1 (12-oz.) pkg. chocolate chips

Blend together cake mix, butter, egg, and nuts. Wet hands and press into 9 X 13-inch pan. Combine 2 eggs, powdered sugar, cream cheese. Fold in chocolate chips. Pour mixture on top of cake mixture. Bake at 350 degrees for 40-45 minutes.